EXPERIENCES RELATED TO COVID-19

Instructions: Thinking about your thoughts, feelings, and behaviors around the COVID-19 (coronavirus) illness, please answer the following questions:

	Strongly disagree	Somewhat disagree	Somewhat agree	Strongly agree
1. We recognize that many local, state, and federal government agencies are involved in the response to COVID-19. Balancing your perspective on all of these agencies…I am confident the government is handling the COVID-19 response in the best possible manner.	1	2	3	4
2. I am hopeful that the COVID-19 virus will resolve over time and I have a good outlook toward the future.	1	2	3	4
3. I complied with the rules and suggestions of the government and health care system to try to contain the virus.	1	2	3	4
4. I found it easy to comply with the rules and suggestions of the government and health care system to remain at home to try to contain the virus.	1	2	3	4

	No	Yes
5. Do you have a close friend or loved one who has tested positive for the COVID-19 virus?	0	1
6. This may be a difficult question, but has someone close to you lost their life due to the COVID-19	0	1

7. Please indicate how close you are to this person *(skip if answer to question 6 = no)*

1	2	3	4	5	6	7	8	9	10
Not close at all									Very close

Think about <u>your</u> behavior in the year prior to outbreak of COVID-19 (coronavirus) and your behavior now. Please use the following scale.

	Decreased a lot since the outbreak	Decreased a little since the outbreak	Stayed about the same since before the outbreak	Increased a little since the outbreak	Increased a lot since the outbreak	I did not do this before the outbreak and have not started
8. Smoking cigarettes	1	2	3	4	5	99
9. Drinking alcohol	1	2	3	4	5	99
10. Illicit drug use (including using prescription drugs in different way than prescribed)	1	2	3	4	5	99
11. Spending time with family doing fun things	1	2	3	4	5	99

These questions are similar to the section above, but use a different scale. Please think about your feelings and behavior before the COVID-19 outbreak, compared to now.

	Strongly disagree	Somewhat disagree	Somewhat agree	Strongly agree
12. I sleep about as well as or better now than I did before the COVID-19 outbreak	1	2	3	4
13. I sleep more now at unusual times than I did before the outbreak	1	2	3	4
14. I feel more anxious now than I did before the outbreak	1	2	3	4
15. I feel more sad/depressed now than I did before the outbreak	1	2	3	4
16. I feel more angry now than I did before the outbreak	1	2	3	4
17. I get in more arguments now than I did before the outbreak	1	2	3	4

18. Please rate how much the COVID-19 outbreak has been disruptive to you personally. Think about your daily routines, work, and family life.

1 2 3 4 5 6 7 8 9 10

Not at all disruptive somewhat disruptive extremely disruptive

19. In what state/city/region do you currently live? _____