CT SCALE

No matter how well people get along, there are times when they disagree on major decisions, get annoyed about something, or just have spats or fights because they're in a bad mood or tired or for some other reason. They also use many different ways trying to settle their differences. Here is a list of things that people might do during a conflict or a disagreement.

We would like you to try to remember how often these things occurred in your family during the past year, and also during your child's life before a year ago. We would like you to consider <u>all</u> disagreements, not just the serious ones. First, we would like you to remember how often you did any of these things to your child, and then we would like you to remember how often your spouse did any of these things to your child. We would then like you to remember how often you did any of these things to your spouse, and then how often your spouse did any of these things to you.

It may be hard to remember everything that has happened in the past 5 years, exactly how many times these things may have happened, and when. Please try to be as accurate as possible, but we understand that you will probably have to give your best guess.

Use the following scale for your answer, and circle the number that best fits each time.

0	1	2	3	4	5	6
never	less than	once	2-3 times	once	2-3 times	almost
	once a month	a month	a month	a week	a week	every day

This page is for the things <u>you</u> may have done to <u>your</u> child. First, go through the items and answer for this past year (last 12 months). Then, think about how often these things happened before a year ago. Use the following scale:

0 never	1 less than once a month	2 once a month	3 2-3 times a month	4 once a week	5 2-3 times a week	6 almost every day
			THIS PAST Y	EAR	BEFORE A Y	'EAR AGO
1. Tried to disc	cuss an issue cal	mly	0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
2. <u>Did</u> discuss	an issue calmly		0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
3. Got informa your side of	tion to back up things		0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
	or tried to bring in help settle things		0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
5. Argued hea	ntedly but didn't y	ell	0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
6. Yelled, insu	Ited or swore at y	our child	0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
7. Sulked or re	fused to talk abo	ut it	0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
8. Stomped ou	it of the room or h	nouse	0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
9. Threw, sma	shed, hit or kicke	d something	0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
Threatened to throw something at your child		0 1 2 3 4 5	6 012	3 4 5 6		
11. Threw som	nething at your ch	nild	0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
12. Pushed, g	abbed, or shove	d your child	0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
13. Threatene	d to spank your c	hild	0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
14. Spanked y	our child		0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
15. Spanked y	our child with sor	mething	0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
16. Threatened to hit your child			0 1 2 3 4 5	6 0 1 2	3 4 5 6	
17. Hit or tried	to hit your child		0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
18. Hit or tried	to hit your child v	with something	0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
19. Threatene	d to beat up your	child	0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
20. Beat up yo	ur child		0 1 2 3 4 5	6	0 1 2 3 4 5	5 6

This page is for the things <u>your husband/wife</u> may have done to <u>your</u> child. First, go through the items and answer for this past year (last 12 months). Then, think about how often these things happened before a year ago. Use the following scale:

0 never	1 less than once a month	2 once a month	3 2-3 times a month	4 once a week	5 2-3 times a week	6 almost every day
			THIS PAST Y	EAR	BEFORE A Y	'EAR AGO
1. Tried to disc	cuss an issue cal	mly	0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
2. <u>Did</u> discuss	an issue calmly		0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
3. Got informa his/her side	tion to back up of things		0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
	or tried to bring in help settle things		0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
5. Argued hea	atedly but didn't y	ell	0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
6. Yelled, insu	lted or swore at y	our child	0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
7. Sulked or re	fused to talk abo	ut it	0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
8. Stomped ou	it of the room or h	nouse	0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
9. Threw, sma	shed, hit or kicke	d something	0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
Threatened to throw something at your child		0 1 2 3 4 5	6 012	3 4 5 6		
11. Threw som	nething at your ch	nild	0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
12. Pushed, g	rabbed, or shove	d your child	0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
13. Threatene	d to spank your c	hild	0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
14. Spanked your child			0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
15. Spanked y	our child with sor	mething	0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
16. Threatened to hit your child			0 1 2 3 4 5	6 0 1 2	3 4 5 6	
17. Hit or tried	to hit your child		0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
18. Hit or tried	to hit your child v	with something	0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
19. Threatene	d to beat up your	child	0 1 2 3 4 5	6	0 1 2 3 4 5	5 6
20. Beat up yo	our child		0 1 2 3 4 5	6	0 1 2 3 4 5	5 6

This page is for the things <u>you</u> may have done to <u>your husband/wife</u>. First, go through the items and answer for this past year (last 12 months). Then, think about how often these things happened before a year ago. Use the following scale:

0 never	1 less than once a month	2 once a month	3 2-3 times a month	4 once a week	5 2-3 times a week	6 almost every day
			THIS PAST Y	EAR	BEFORE A	YEAR AGO
1. Tried to disc	cuss an issue cal	mly	0 1 2 3 4 5	6	0 1 2 3 4	5 6
2. <u>Did</u> discuss	an issue calmly		0 1 2 3 4 5	6	0 1 2 3 4	5 6
3. Got informa your side of	tion to back up things		0 1 2 3 4 5	6	0 1 2 3 4	5 6
	or tried to bring in help settle things		0 1 2 3 4 5	6	0 1 2 3 4	5 6
5. Argued hea	atedly but didn't y	ell	0 1 2 3 4 5	6	0 1 2 3 4	5 6
6. Yelled, insu husband/wif	Ited or swore at y	our	0 1 2 3 4 5	6	0 1 2 3 4	5 6
7. Sulked or re	fused to talk abo	ut it	0 1 2 3 4 5	6	0 1 2 3 4	5 6
8. Stomped ou	t of the room or h	nouse	0 1 2 3 4 5	6	0 1 2 3 4	5 6
9. Threw, sma	shed, hit or kicke	d something	0 1 2 3 4 5	6	0 1 2 3 4	5 6
10. Threatene your husbar	d to throw sometl nd/wife	ning at	0 1 2 3 4 5	6 012	3 4 5 6	
11. Threw som	nething at your hu	usband/wife	0 1 2 3 4 5	6	0 1 2 3 4	5 6
12. Pushed, gr husband/wif	rabbed, or shove	d your	0 1 2 3 4 5	6	0 1 2 3 4	5 6
13. Threatene	d to hit your husb	and/wife	0 1 2 3 4 5	6 012	3 4 5 6	
14. Hit or tried but not with	to hit your husba h anything	ınd/wife,	0 1 2 3 4 5	6	0 1 2 3 4	5 6
15. Hit or tried with someth	to hit your husba ning	ınd/wife	0 1 2 3 4 5	6	0 1 2 3 4	5 6
16. Threatene	d to beat up your	husband/wife	0 1 2 3 4 5	6 0 1 2	3 4 5 6	
17. Beat up yo	ur husband/wife		0 1 2 3 4 5	6	0 1 2 3 4	5 6

This page is for the things <u>your husband/wife</u> may have done to <u>you</u>. First, go through the items and answer for this past year (last 12 months). Then, think about how often these things happened before a year ago. Use the following scale:

0 never	1 less than once a month	2 once a month	3 2-3 times a month	4 once a week		6 almost very day
			THIS PAST YE	EAR	BEFORE A YEA	AR AGO
1. Tried to disc	cuss an issue cal	mly	0 1 2 3 4 5	6	0 1 2 3 4 5 6	5
2. <u>Did</u> discuss	an issue calmly		0 1 2 3 4 5	6	0 1 2 3 4 5 6	6
3. Got informathis/her side			0 1 2 3 4 5	6	0 1 2 3 4 5 6	6
	or tried to bring in help settle things		0 1 2 3 4 5	6	0 1 2 3 4 5 6	3
5. Argued hea	itedly but didn't y	ell	0 1 2 3 4 5	6	0 1 2 3 4 5 6	3
6. Yelled, insul	ted or swore at y	ou ou	0 1 2 3 4 5	6	0 1 2 3 4 5 6	3
7. Sulked or re	fused to talk abo	ut it	0 1 2 3 4 5	6	0 1 2 3 4 5 6	5
8. Stomped ou	t of the room or h	nouse	0 1 2 3 4 5	6	0 1 2 3 4 5 6	3
9. Threw, sma	shed, hit or kicke	d something	0 1 2 3 4 5	6	0 1 2 3 4 5 6	5
10. Threatened to throw something at you			0 1 2 3 4 5	6 0 1 2	3 4 5 6	
11. Threw som	nething at you		0 1 2 3 4 5	6	0 1 2 3 4 5 6	5
12. Pushed, gr	abbed, or shove	d you	0 1 2 3 4 5	6	0 1 2 3 4 5 6	3
13. Threatened to hit you			0 1 2 3 4 5	6 012	3 4 5 6	
14. Hit or tried	to hit you		0 1 2 3 4 5	6	0 1 2 3 4 5 6	6
15. Hit or tried	to hit you with so	mething	0 1 2 3 4 5	6	0 1 2 3 4 5 6	6
16. Threatened	d to beat you up		0 1 2 3 4 5	6 012	3 4 5 6	
17. Beat you u	р		0 1 2 3 4 5	6	0 1 2 3 4 5 6	3